

# Value-Based Payment Models

Actuarial Considerations

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# Session Overview

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**Current environment**

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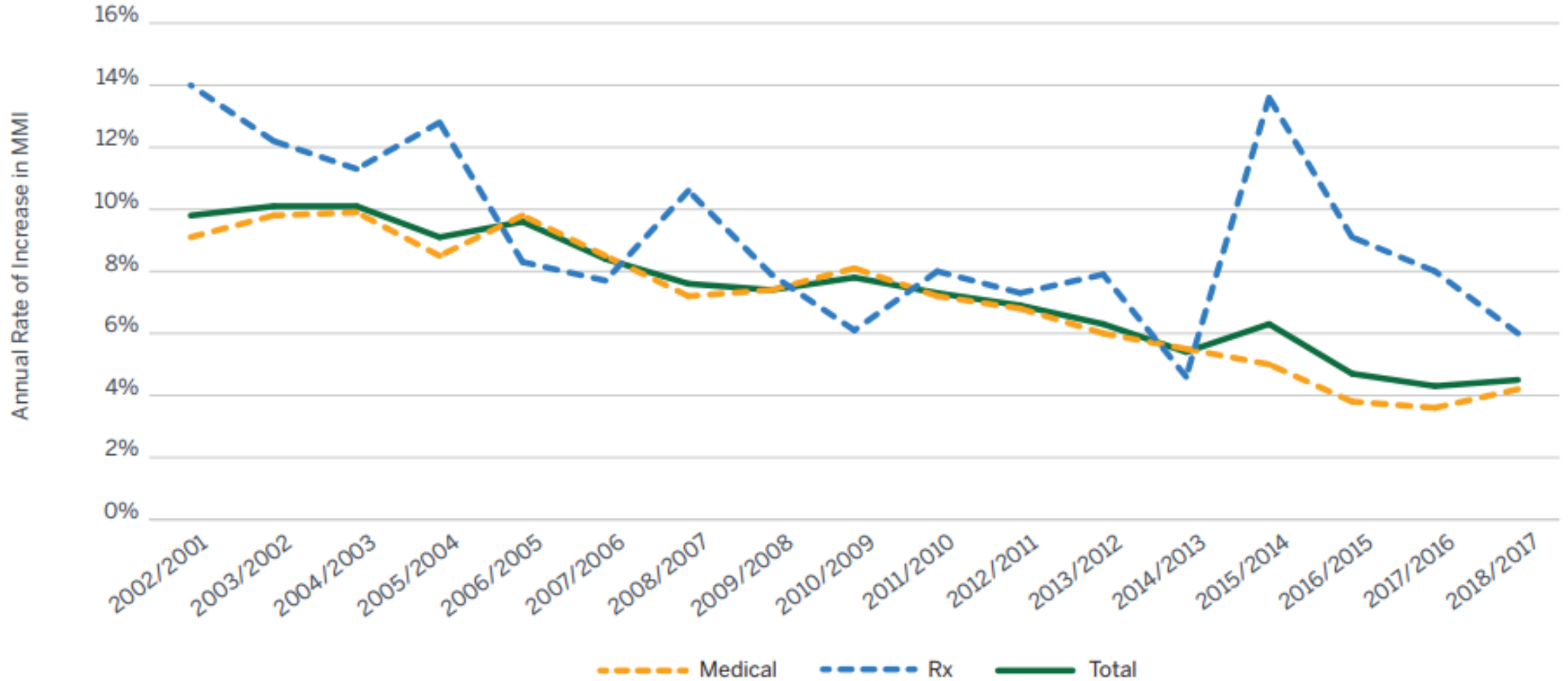
**Sources of risk**

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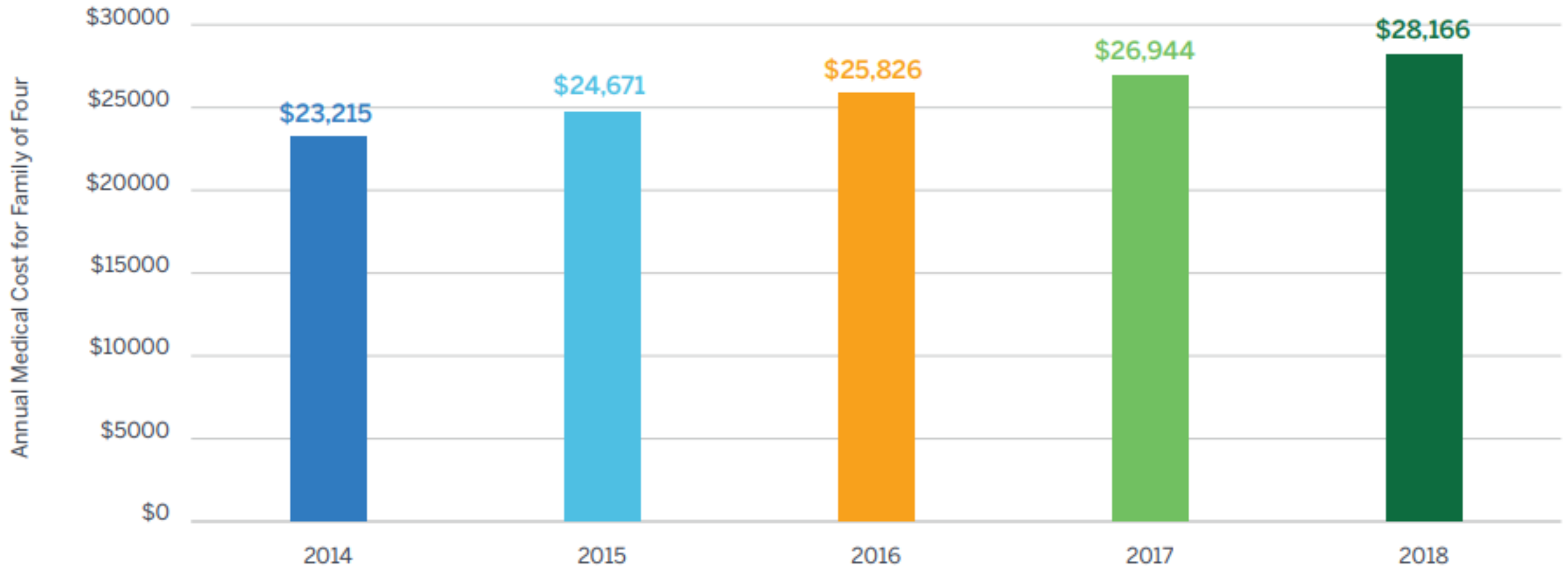
# Current Environment

# Healthcare cost growth has slowed...



Source: 2018 Milliman Medical Index

## ... but costs are still at record level



Source: 2018 Milliman Medical Index

# Primary factors contributing to decline in growth rates

## **Provider Engagement**

Approaches to involving providers in controlling costs (VBC, ACOs, etc.)

## **Effective Provider Contracting**

Increasing sophistication in provider contracting by employers, insurers, TPAs

## **Plan Designs Encouraging Efficient Purchasing**

Increasing member cost sharing, high deductible health plans

## **Role of the Government and Public Programs**

Spillover effects from VBC initiatives

## **Impact of Pharmacy Initiatives**

Increased consumerism, continued move to generics, reduced use of some high-cost drugs

Source: 2018 Milliman Medical Index

# Forces keeping cost growth from being even lower

## **Provider Engagement**

Strong incentives are rare in many regions where fee for service (FFS) prevails

## **Effective Provider Contracting**

Provider consolidation (i.e. hospital purchase of physician groups) and resulting increased leverage

## **Plan Designs Encouraging Efficient Purchasing**

Still room for consumers to driver additional gains – doctors still often do not have the information needed to make cost-effective decisions

## **Role of the Government and Public Programs**

Low provider payment rates in public health programs continue to result in cost-shifting to commercial markets

## **Impact of Pharmacy Initiatives**

Specialty pipeline and emerging gene therapies will continue to drive drug costs

Source: 2018 Milliman Medical Index

**“I also believe costs will not go lower until we change the system to incentivize providers to keep costs low. Despite penalties for readmission etc., you still receive more compensation the more you do. Until that paradigm is changed, nothing else will be effective.”**

— ACO healthcare executive, 2018 Milliman Medical Index



**“Imagine a system where, through long-term payment models, providers actually see the financial results of helping their patients stay healthy -- instead of being financially rewarded when they get sick.”**

— Alex Azar, Secretary of HHS

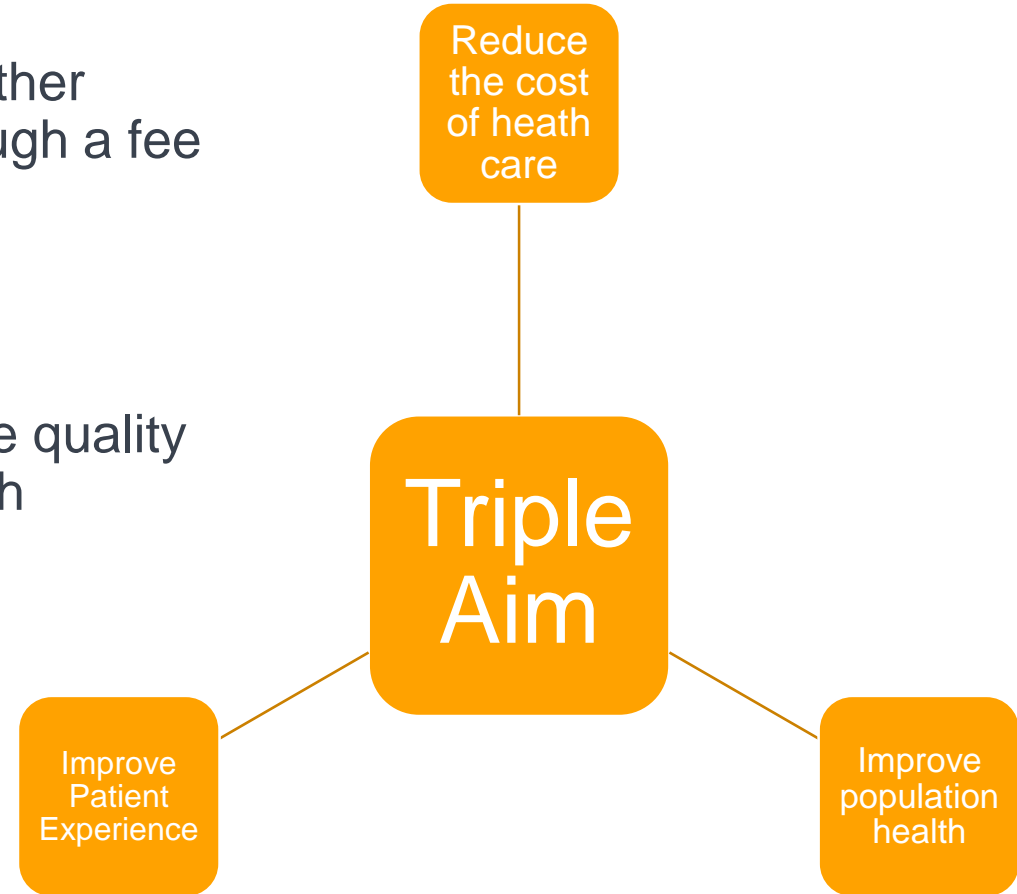
# Defining value-based payment

## Fee For Service (FFS)

Providers are paid for each service they give – either through a percent of charge arrangement or through a fee schedule

## Value-Based Payment

A form of reimbursement that ties payments to the quality of care provided – providers are rewarded for both efficiency and effectiveness



# Common value-based payment models

## **Episodes of Care / Bundled Payments**

A single payment for services related to a trigger event (e.g. hip replacement) – can include claims incurred 30, 60, or 90 days following index procedure

## **Shared Savings**

Typically uses a FFS structure – savings/losses determined from performance measured against a benchmark – savings distribution subject to meeting certain quality targets

## **Pay for Performance**

Uses a FFS structure, but could qualify for bonuses or penalties based on quality and/or cost performance

# Sources of Risk

# Types of risk present in value-based payment models

Utilization Risk

Insurance Risk

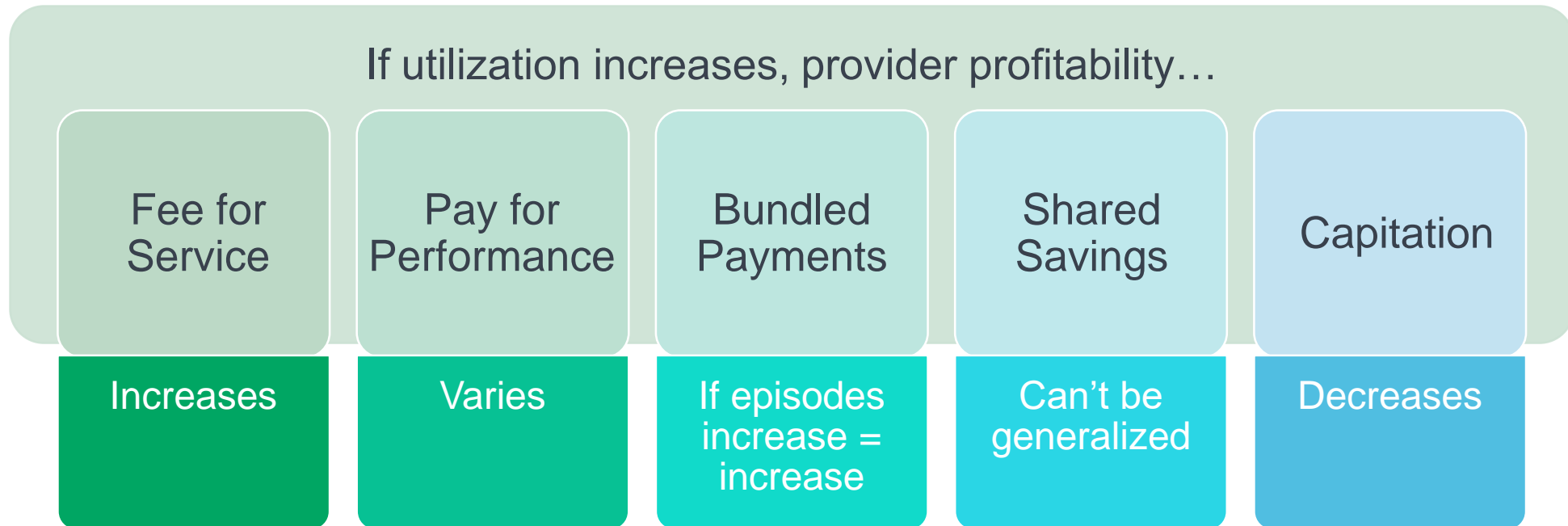
Technical Risk

Performance Risk

Source: Provider Payment Arrangements, Provider Risk, and Their Relationship with the Cost of Health Care (SOA)

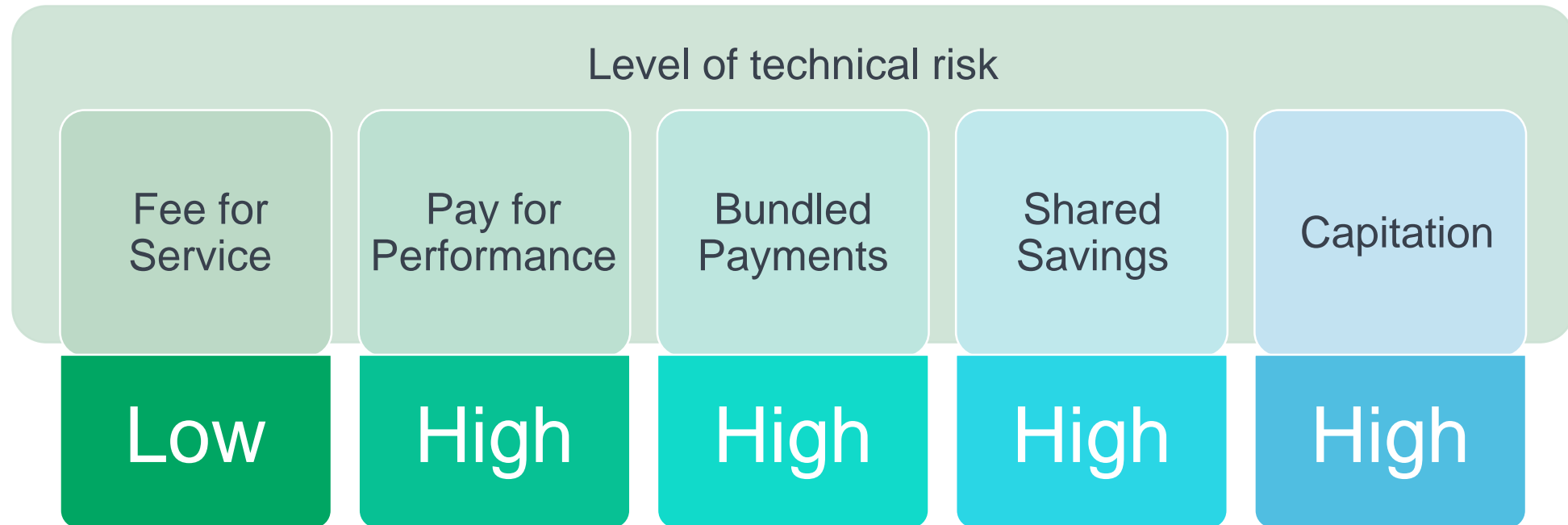
# Utilization Risk

The impact of changes in utilization on provider profitability.



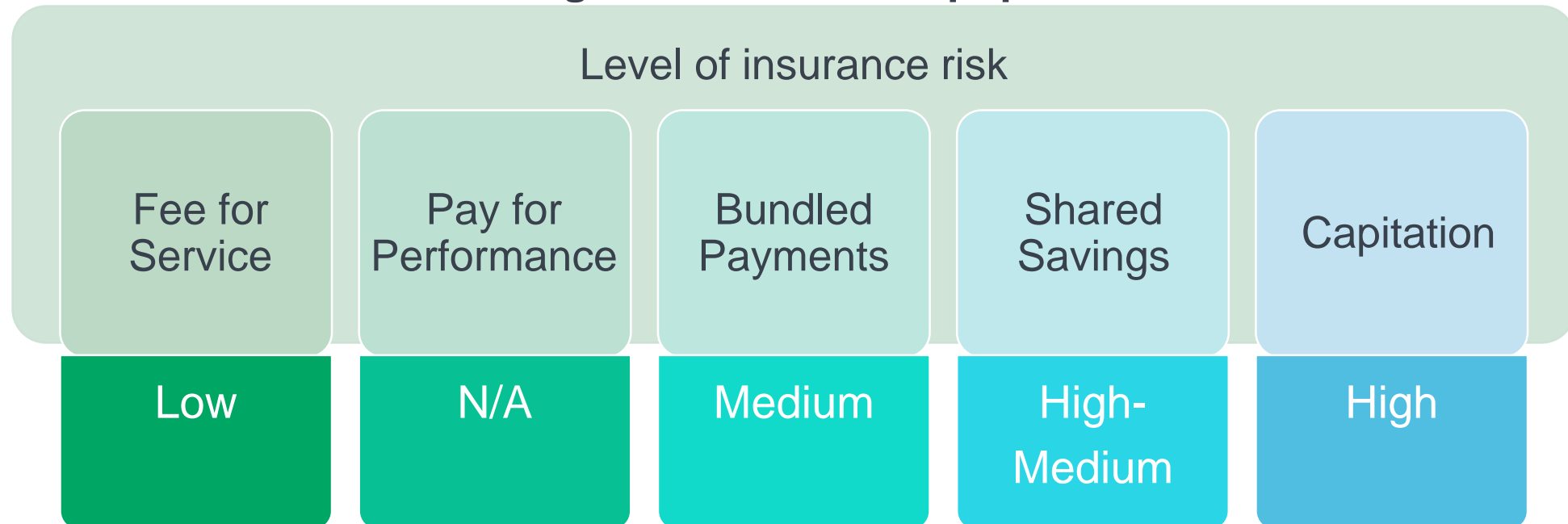
# Technical Risk

The risk of appropriately structuring technical elements of a contract to match population and circumstances.



# Insurance Risk

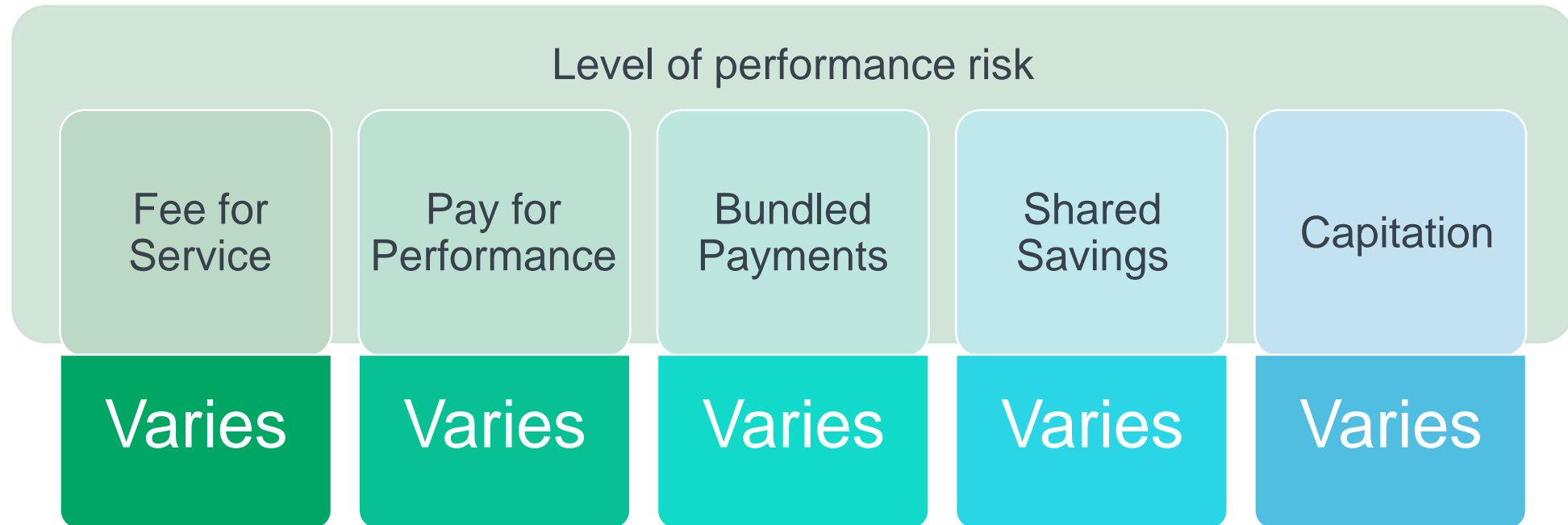
The risk related to the normal variation in demand for medical services over time and differences in utilization within segments of insured populations.





# Performance Risk

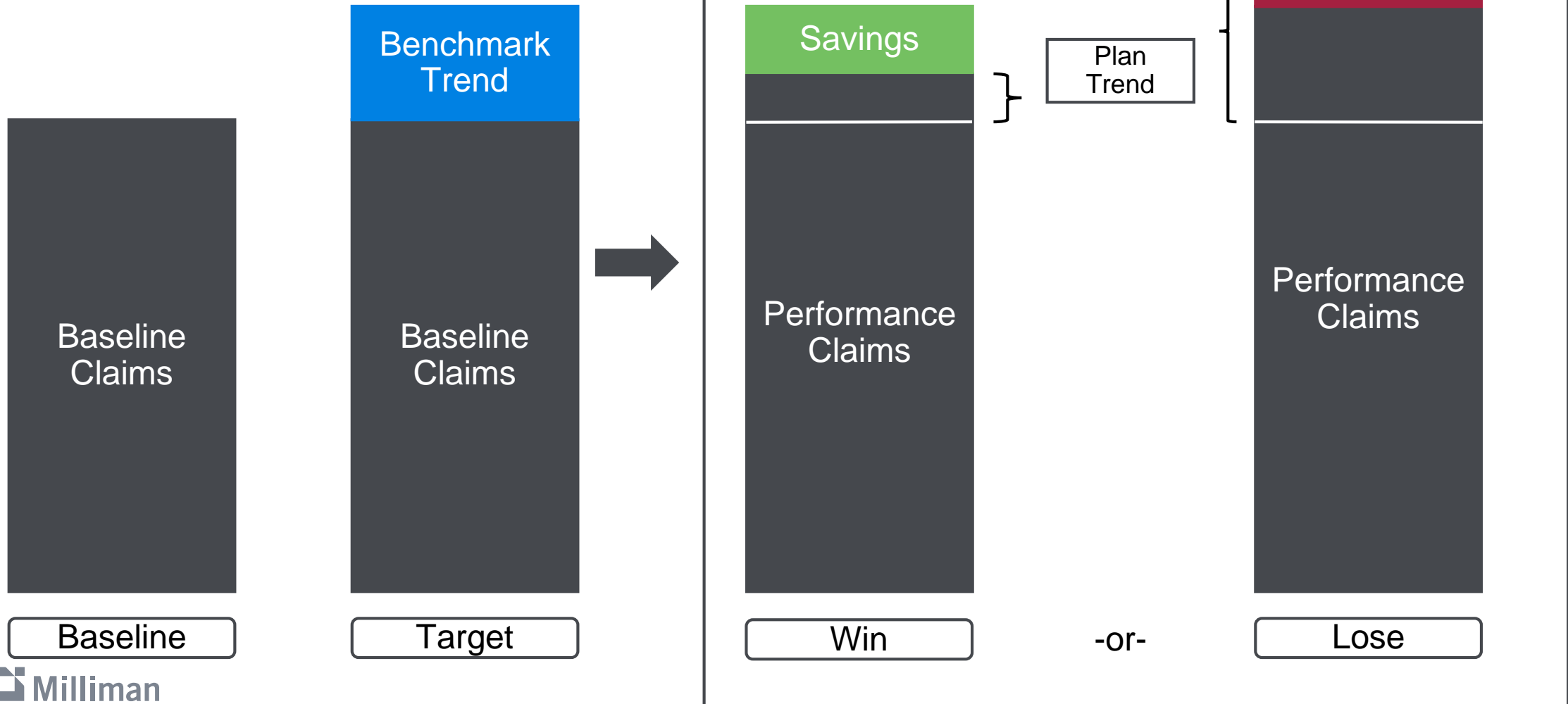
The risk related to inefficiency, suboptimal quality, and high cost care.



# Actuarial Considerations

Shared Savings Arrangements

# Shared savings overview



# Key elements of shared savings payment models

## **Attribution Methodology**

Claims-based (prospective, retrospective), product-based

## **Target Calculation**

Trend (prospective, retrospective), loss ratio

## **Outliers and Specific Exclusions**

Large claimants, transplants, etc.

## **Risk Adjustment**

Prospective vs. retrospective, include vs. exclude Rx

## **Distribution of Savings/Losses**

50/50, higher reward with higher assumed risk, thresholds and corridors

## **Quality Metrics**

Binary vs. scalar application



# Thank you

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